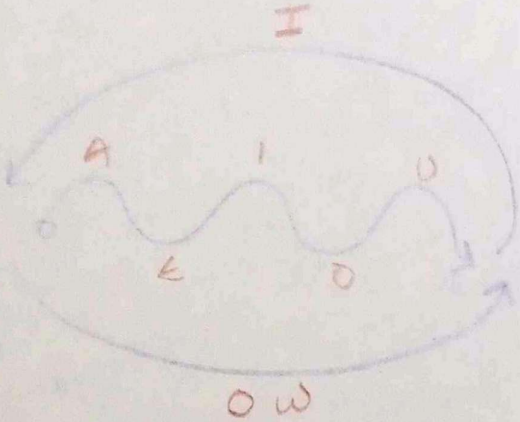
1st year

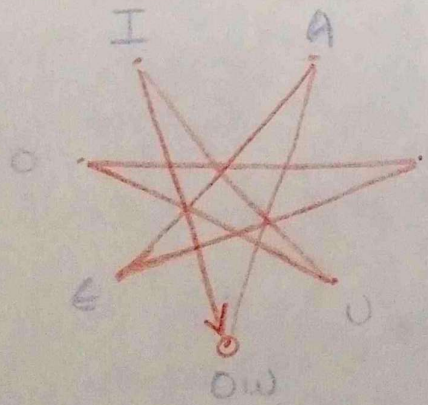
Betty Parker

Vowels - in circle or wave. feeling the continuous flow of the wave and letting the sound flow into movement. Then reverse.



letting the sound carry the movement - flowing

Seven Pointed Star



each vowel radiating out beyond the point

5 Pointed Star

vowel at each point
I one half way around circle
light & gentle
ow one half of circle
majesty